

Ridge Meadows Child Development Centre

22610 Dewdney Trunk Rd in Maple Ridge

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www.rmcdc.com

Babies and young children grow, learn and change so quickly. Watching their little ones develop is an exciting experience for parents and caregivers. Occasionally, a mom or dad becomes aware that something doesn't seem quite right. Their little one is developing more slowly than expected. Maybe she is not making sounds like other babies her age. Or she doesn't seem interested in what's going on around her. Maybe he doesn't crawl or hasn't tried to pull himself up. When parents in Maple Ridge, Pitt Meadows and Katzie have concerns or questions, help and support is available through the Early Intervention Program at the Ridge Meadows Child Development Centre. The centre is a special place staffed with caring, creative people who can provide assessment and services for families of young children who have developmental delays or disabilities or who are suspected of having one.

Referrals can be made by the families themselves or through a family doctor, pediatrician or public health nurse. Sometimes a supported childcare or infant development consultant or another community resource person will refer the family to the CDC. The earlier that even a small concern is addressed, the better because there are so many things that be corrected quite easily. Children learn more from their parents than from anyone else. So while the child is the focus, the service is also for the parents.

The Child Development Centre Early Intervention Program provides the following services and programs for children from birth to 6 years and their families:

Speech and Language Therapy

- Assessment and one-to-one consultation
- Hanen programs for parents – especially useful for parents whose child is on the waiting list
- Small groups (usually between 3 to 6 children while parents watch)



Occupational Therapy

- Helping children cope with what they need in everyday living – strategies that help them with things like dressing, toileting, feeding, fine motor development and play skills. Occupational therapists also help with adaptive equipment such as splints or special seating.

Physiotherapy

- Helping children with gross motor and physical disabilities – helping them to improve strength, balance and coordination

Joint Physical and Occupational Therapy Programs

Aquatic Group - Using swimming to help develop motor skills. Wonderfully freeing for children who have difficulty with mobility



Pre-Kindergarten Group – providing opportunities for children to refine their gross and fine motor skills in preparation for kindergarten

Sensory Play Group - motor skills and sensory regulation for children 3-4 years of age

Adapted Bike Program – 14 adapted bikes for long-term loan to children. The bikes provide such freedom

for children who have difficulty being independently mobile.

Respite Program

- A directly funded program for children and youth with special needs who have been referred through the Ministry of Children and Family Development. Parents have a lot of flexibility in how they can use respite funding to do the best for themselves and their child.



Family Support Worker and Support Groups

- Talks with families and helps connect them to other resources in the community. The worker also facilitates various support groups for parents.

The Ridge Meadows Child Development Centre Early also provides services for school-aged children and their families including support groups for parents and caregivers of children with autism, fetal alcohol syndrome effect or ADHD.

Log on to www.rmcdc.com or phone (604) 463-0881
for more detail on Ridge Meadows Child Development Centre Programs