

What's On

Free or low cost programs for families with young children in Maple Ridge, Pitt Meadows & Katzie



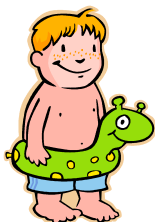
Ridge Meadows
Early Childhood
Development
Committee

RMECDC supports and promotes community engagement in improving the health and well-being of all children from pre-natal to age 6 in the communities of Maple Ridge, Pitt Meadows and Katzie First Nation.

RMECDC is a sub-committee of the Community Network and a member of the Provincial Children First Initiative.

RMECDC welcomes community involvement. Call 604-999-9052 or email: Info@ridgemeanowsecd.ca to receive information about the Early Childhood Development Committee and its work or to find out how you can become a member of the committee.

Check out the RMECD website for more info about early childhood in your community.
www.ridgemeanowsecd.ca



July & August Programs and Events

FREE AT THE LIBRARY

Maple Ridge Library - 130 - 22470
Dewdney Trunk Rd; (604) 467-7417

Sizzling Storytimes

Sizzling outside? Refresh yourself with a cool story. Come to the library and enjoy stories, songs, and fingerplays that will entertain and delight you. All ages are welcome

Tues - June 8 - Aug 17 10:30 - 11:00 am
Special Guest Storyteller: Join Cree elder **Lorre Gibson** in the Bandstand for special stories and see her Aboriginal artifacts and regalia. Aug and Aug 17 10:30 - 11:00 am

Thurs - July 8 - Jul 29 10:30 - 11:00 am
Special Guest Storyteller: Talented puppeteer and musician **Elsbeth Bowers** is back with a fantastic storytime to delight you. Thursday, July 29th, 10:30 - 11:00 am

Puppets in the Park

Wed. July 7, 21, Aug 4, 18; 6:45-7:15 pm
Come and meet the library's smallest stars, our talented puppets, and puppeteers who will tell all types of tales to entertain the whole family. Pack your dinner and bring it along to our fabulous evening of entertainment at the Memorial Peace Park Bandstand.

Great Smartini Magic Shop

Thursday, Jul 8 - 2:00 - 3:00 pm
What could be better than magic, music and monkeys? This year's Summer Reading Club rocks with The Great Smartini and his trusty sidekick Coconut the Talking Chimp. Zany magical fun for the whole family!

Super Weirdo

Thursday, Aug 12 - 6:45 - 7:15 pm
Super Weirdo's "Super Weird Show" is a hilarious comedy juggling show with lots of audience participation. This crazy, family-oriented show is not to be missed.

Read to Me Summer Reading Club for Preschoolers - stamps and stickers and lots of fun. Pick up your Summer Reading Club kit at the Maple Ridge and Pitt Meadows libraries.

Pitt Meadows Library - 12047 Harris Rd
(604) 465- 4113

Parade of the Stuffed Animals

Tuesday, Aug 4th 2:00 pm - 2:45 pm
Bring your stuffed animal to hear pet stories, songs and rhymes. Each animal will receive a special prize ribbon. This program is suitable for children of all ages but every stuffed animal must be registered since space is limited. Bring your stuffie to the library when you register. For all ages. Register between June 15th - July 6th

Super Weirdo

Thursday, Aug 5th - 12:30-1:30 pm
Super Weirdo's "Super Weird Show" is a hilarious comedy juggling show with lots of audience participation. This crazy, family-oriented show is not to be missed.

LEISURE CENTRE PROGRAMS

Parent & Child Playtime

A drop-in playtime in Maple Ridge & Pitt Meadows for families with young children. Cost: \$1.00 per child

Maple Ridge Leisure Centre Gymnasium 9:30 - 11:30 am Mon, Wed, Fri.

Loonie Swims Maple Ridge Leisure Centre, 7 am - 2 pm Sundays; \$1 admission

Toonie Tuesdays Pitt Meadows Recreation Centre, all day

For more information on Parks & Leisure Services children's programs, call (604) 466- 4339.

Play at the free water spray parks: wonderful summer play experience for kids of all ages.

Maple Ridge Park - 232nd St & Fern Cres.
Harris Road Park in Pitt Meadows - Harris Rd & Lougheed Hwy,

COMMUNITY KITCHENS A monthly group that meets to cook nutritious, low cost, great tasting meals to take home
Programs are currently running in Maple Ridge and Pitt Meadows. For information and registration for any Community Kitchen call Candace Gordon at (604) 466-0847.

July & August Programs - continued

September Programs & Events, cont.

FREE AT THE MAPLE RIDGE HEALTH UNIT

Please call (604) 476-7000 for more information on any of the following programs:

Baby Talk

Mon - 1-3 p.m.; Speakers 1:30 - 2:30

July 5 - Your Child's Vision

July 12 - BCAA Car Seat Safety

July 19 - Infant Choking & CPR (2 sessions: 1:15-2; 2:15-3)

July 26 - Speech / Language

Call (604) 476-7000 for August and September topics

Breastfeeding Clinic

One-to-one help is available from Public Health Nurses who are breastfeeding counselors

Prenatal Breastfeeding Class

Sessions focus on breastfeeding basics and early success with breastfeeding

Breastfeeding Drop-In

Tuesdays 1:30 to 3:00 pm - Held in the "Story Room", 2nd floor Maple Ridge Public Library

Buddy Up For Breastfeeding

Prenatal Classes for those with extra needs

If you are alone, young, have financial concerns or need extra support these classes are for you.

YOUNG PARENTS GROUP

Tues until July 20th 1-2:30 pm (Free self-support group for young parents aged up to 26 years) Call The Family Education & Support Centre at (604) 467-6055 for more information

The Family Education & Support Centre will be closed from August 6 to Sept 6.

MRPM Community Services Family Place programs are closed for July and August.

September Programs & Events

FAMILY PLACE

Maple Ridge Pitt Meadows Community Services Family Place re-opens on September 20. Call (604) 466-8484 for more information on programs or check out the website at www.comservice.bc.ca.

IT'S ALL ABOUT CONNECTIONS

A support and information group for parents of children with extra support needs meets on the third Monday morning of the month. Some free childminding is available.

AUTISM SUPPORT & INFORMATION GROUP

This group for parents and caregivers of children who have Autism meets on the last Tuesday of each month at the Ridge Meadows Association for Community Living, 22381 Callaghan Ave in Maple Ridge.

For more information about either of these groups, please contact Tracy Hewgill at (604) 467-8700 or tracy.hewgill@rmacl.org

FAMILIES SUPPORTING FAMILIES GROUPS

The Family Education & Support Centre re-opens September 7 with the following free support groups:

Young Parents Group (For parents aged up to 26 years)
Tuesdays, 1- 2.30 pm beginning Sept 7

Parenting Young Children (Parents with children under 6)
Thursdays, 9.30-11.00 am beginning Sept 9

The Breakfast Club (For parents working with additional challenges or working with an MCFD Social Worker)
Wednesdays, 9.30-11.00 am beginning Sept 8

Parenting in Separated and Blended Families

Second Tuesday of the month 6.30- 8.30 pm beginning Sept 14

For more information or to register please contact Jenny Earley at (604) 467-6055

THE MAPLE RIDGE HEALTH UNIT

Kindergarten Booster Fair

A booster fair will be held at the Maple Ridge Health Unit for children starting school in the fall. Lots of fun and prizes. Come have your child's immunizations brought up date. September 15 from 9 am to 5 pm.

Contact the Health Unit at (604) 476-7000 for more information.

Baby Talk and other public health programs continue. Please see July and August information for details.

PARENT CHILD MOTHER GOOSE

A free parent/child interactive group which uses songs, stories and rhymes to promote attachment and early language development.
Sept 22-November 23

Tues evenings, 6:30-7:30 pm (ages 30 months to 5 years)

Wed, 9:30-10:30 am (walking to 30 months)

Wed, 11:00-noon (infant group)

Presented by Smarties Children Centre

For more information or to register contact Colene at colene@smartieskids.com

STRONGSTART CENTRES

Free, early learning drop-in program for children aged 0- 5 years and their parents or caregivers

8:30 - 11:30 daily

Blue Mountain Elementary School

Davie Jones Elementary School

Eric Langton Elementary School

Glenwood Elementary School

Hammond Elementary School

Harry Hooge Elementary School

8:30 - 11:30 Monday, Wednesday & Friday

11:30-2:30 Tuesday & Thursday

Highland Park Elementary School

Fairview Elementary School

For information & school addresses call:

Maple Ridge Pitt Meadows Community Services (604) 467-2273 or (604)467-6911

